

Good for you...

AND GOOD FOR LIFE!

March is National
Nutrition Month[®]

All artwork is available to download at: www.FOH.hhs.gov/toolkit



Courtesy of FOH Center for Health Communications



<< Select a month and click for more information...

The month you selected appears >>



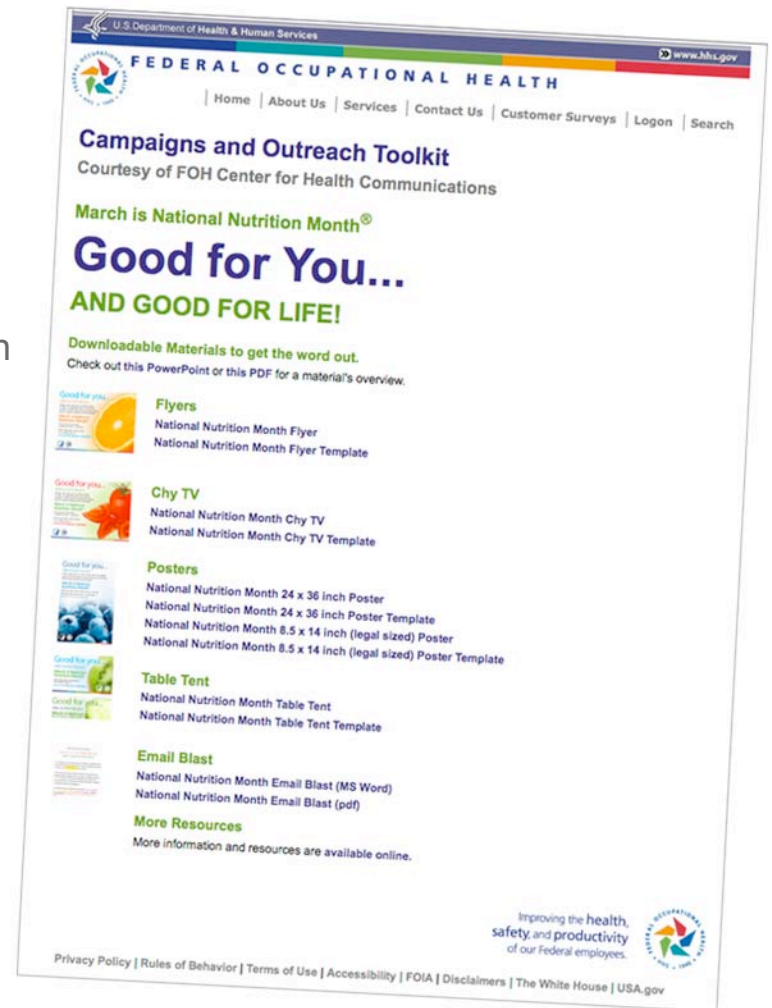
Calendar webpage: www.FOH.hhs.gov/calendar

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<< Select a month
and click for
its campaign
materials...

The month
you selected
appears >>



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U.S. Department of Health & Human Services www.hhs.gov

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Campaigns and Outreach Toolkit

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Downloadable Materials to get the word out.
Check out this PowerPoint or this PDF for a material's overview.

- Flyers**
 - National Nutrition Month Flyer
 - National Nutrition Month Flyer Template
- Chy TV**
 - National Nutrition Month Chy TV
 - National Nutrition Month Chy TV Template
- Posters**
 - National Nutrition Month 24 x 36 inch Poster
 - National Nutrition Month 24 x 36 inch Poster Template
 - National Nutrition Month 8.5 x 14 inch (legal sized) Poster
 - National Nutrition Month 8.5 x 14 inch (legal sized) Poster Template
- Table Tent**
 - National Nutrition Month Table Tent
 - National Nutrition Month Table Tent Template
- Email Blast**
 - National Nutrition Month Email Blast (MS Word)
 - National Nutrition Month Email Blast (pdf)
- More Resources**

More information and resources are available online.

Improving the health, safety, and productivity of our Federal employees.

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From the Toolkit webpage, click on any of the listed materials to download artwork.

There are “as-is” versions as well as customizable template versions.

You can add your personal message to the template versions.

(Note: if you only have Adobe Acrobat Reader and do not have Adobe Acrobat Pro you will not be able to save any changes you make to the templates, you will only be able to print.)

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Eating a diet made up of a colorful variety of fruits and vegetables gives your body the nutrients it needs to boost your immune system, lift your energy, and keep your heart healthy.

March is National Nutrition Month®

Who knew being healthy could be this easy...and tasty?

More information and resources are available online at:

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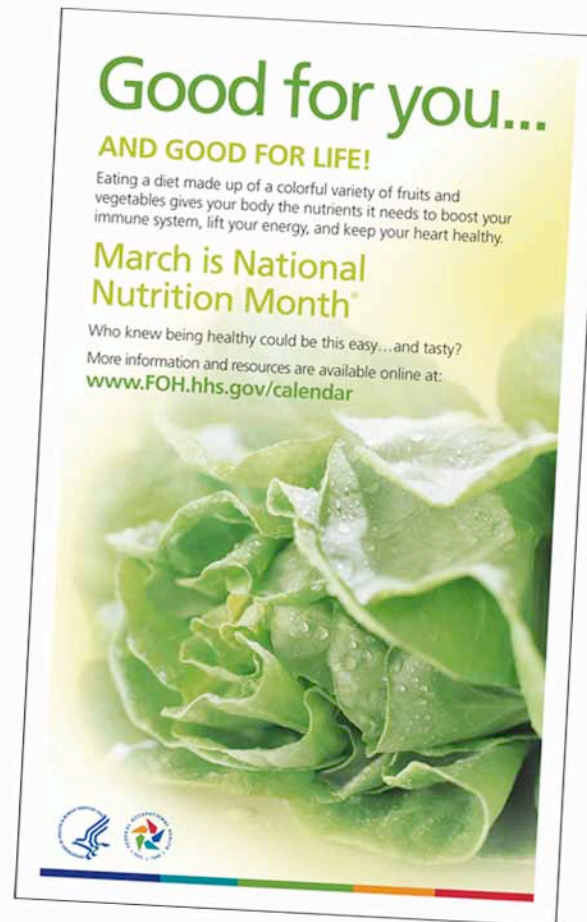
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24x36 posters (to get on the mailing list for monthly posters, please email heidi.hua@FOH.hhs.gov)

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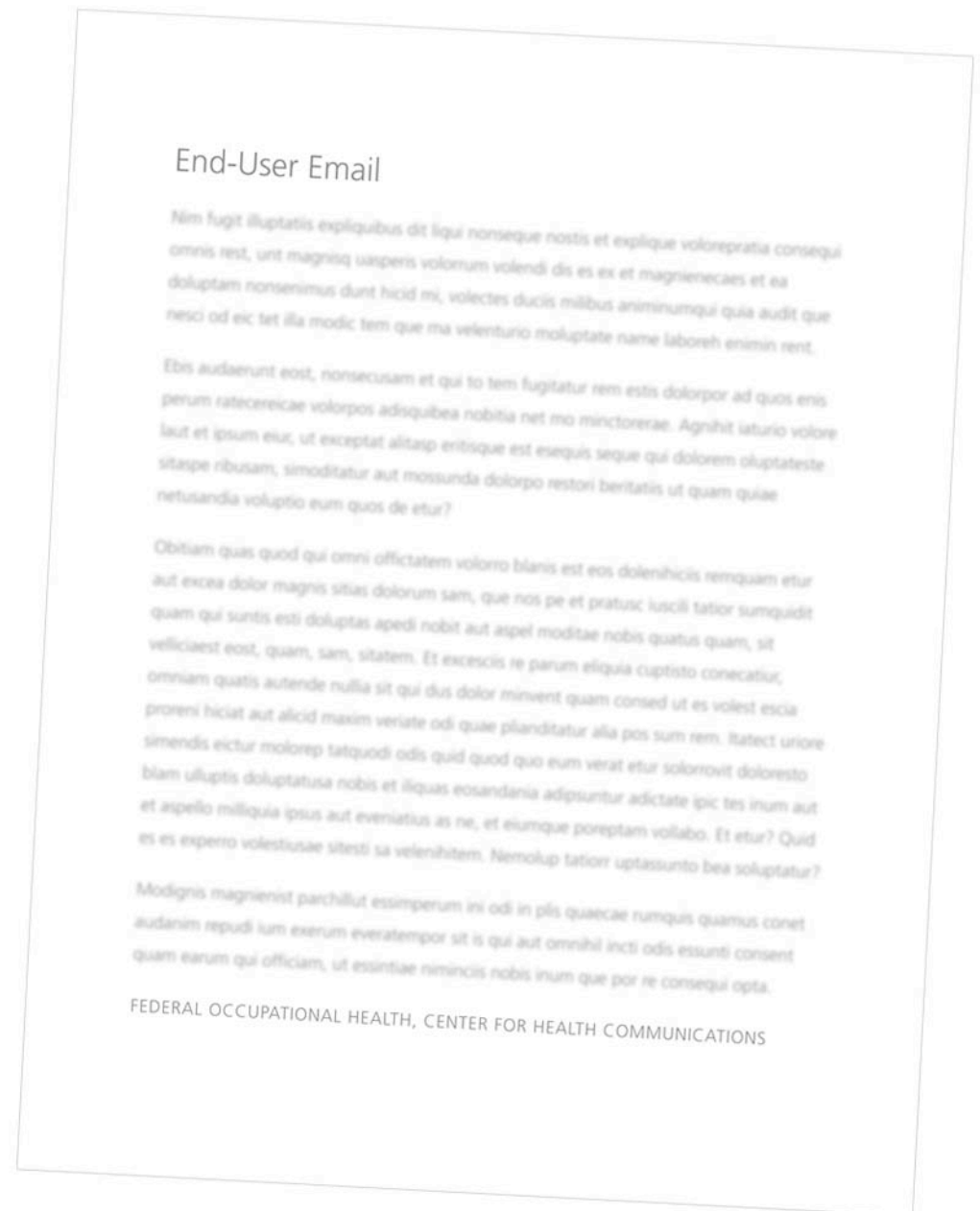


8.5x14 Bulletin Board Posters,
also available as fillable-templates

11x8.5 Flyers and ChyTv Slides,
also available as fillable-templates



8.5x11 2-Sided Table Tents,
also available as fillable-templates



Email blast, MS Word doc format (editable)
and pdf versions